

## **Morning Prayer Worship at Home**

*You may wish to light a candle as a sign of meeting in God's presence.*

The Lord is good, a strong refuge when trouble comes. God is close to those who trust in him. Nahum 1.7

### **Opening Sentences**

O Lord, open our lips and our mouth shall proclaim your praise.

The night has passed, and the day lies open before us; let us pray with one heart and mind.

*Pause for reflection as you offer the day to God.*

As we rejoice in the gift of this new day, so may the light of your presence, O God, set our hearts on fire with love for you; now and for ever. Amen.

### **Bible Readings**

#### **Psalm 27**

<sup>1</sup> The LORD is my light and my salvation whom shall I fear? The LORD is the stronghold of my life— of whom shall I be afraid?

<sup>2</sup> When the wicked advance against me to devour me, it is my enemies and my foes who will stumble and fall.

<sup>3</sup> Though an army besiege me, my heart will not fear;  
though war break out against me, even then I will be  
confident.

<sup>4</sup> One thing I ask from the LORD, this only do I seek:  
that I may dwell in the house of the LORD all the days of  
my life, to gaze on the beauty of the LORD and to seek  
him in his temple.

<sup>5</sup> For in the day of trouble he will keep me safe in his  
dwelling; he will hide me in the shelter of his sacred tent  
and set me high upon a rock.

<sup>6</sup> Then my head will be exalted above the enemies who  
surround me; at his sacred tent I will sacrifice with  
shouts of joy; I will sing and make music to the LORD.

<sup>7</sup> Hear my voice when I call, LORD; be merciful to me and  
answer me.

<sup>8</sup> My heart says of you, "Seek his face!" Your face, LORD, I  
will seek.

<sup>13</sup> I remain confident of this: I will see the goodness of  
the LORD in the land of the living.

<sup>14</sup> Wait for the LORD; be strong and take heart and wait  
for the LORD.

*You may wish to use the weekly pattern of short readings given below, or choose a passage of your own.*

### **Sunday**

But now thus says the Lord, he who created you, O Jacob, he who formed you, O Israel: Do not fear, for I have redeemed you; I have called you by name, you are mine. When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. For I am the Lord your God, the Holy One of Israel, your Saviour.

*Isaiah 43.1-3a*

### **Monday**

‘Do not let your hearts be troubled. Believe in God, believe also in me. In my Father’s house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.’ Thomas said to him, ‘Lord, we do not know where you are going. How can we know the way?’ Jesus said to him, ‘I am the way, and the truth, and the life. No one comes to the Father except through me.

*John 14.1-6*

## **Tuesday**

Finally, beloved, whatever is true, whatever is honourable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you.

*Philippians 4.8-9*

## **Wednesday**

Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

*Colossians 3.16,17*

## **Thursday**

You are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling-place for God.

*Ephesians 2.19-22*

## **Friday**

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in prayer.

*Romans 19.9-12*

## **Saturday**

Jesus said to his disciples, 'Therefore I tell you, do not worry about your life, what you will eat, or about your body, what you will wear. For life is more than food, and the body more than clothing. Consider the ravens: they neither sow nor reap, they have neither storehouse nor barn, and yet God feeds them. Of how much more value are you than the birds! And can any of you by worrying add a single hour to your span of life? If then you are not able to do so small a thing as that, why do you worry about the rest? Consider the lilies, how they grow: they neither toil nor spin; yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, how much more will he clothe you— you of little faith! And do not keep striving for what you are to eat and what you are to drink, and do not keep worrying. For it is the nations of the world that strive after all these things, and your Father knows that you need them. Instead, strive for his kingdom, and these things will be given to you as well.

*Luke 12.22-31*

## Prayers

Let us pray to the Lord, who is our refuge and stronghold.

For those who are ill, afraid or in isolation. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light. Lord, hear us, Lord, graciously hear us.

For the isolated and housebound, that we may be alert to their needs, and care for them in their vulnerability: Lord, hear us, Lord, graciously hear us.

For our homes and families, our schools and young people, and all in any kind of need or distress: Lord, hear us, Lord, graciously hear us.

For a blessing on our local community, that our neighbourhoods may be places of trust and friendship, where all are known and cared for: Lord, hear us, Lord, graciously hear us.

And keep us, good Lord, under the shadow of your mercy in this time of uncertainty and distress. Sustain and support us in our anxiety and fear, lift up our spirits, and may we rejoice in your comfort knowing that nothing can separate us from your love in Christ Jesus our Lord. Amen.

Merciful Father, accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

### **The Lord's Prayer**

Our Father, who art in heaven, hallowed be thy name;  
thy kingdom come; thy will be done; on earth as it is in  
heaven. Give us this day our daily bread. And forgive us  
our trespasses, as we forgive those who trespass against  
us. And lead us not into temptation; but deliver us from  
evil. For thine is the kingdom, the power and the glory,  
for ever and ever. Amen.

### **The Conclusion**

The Lord bless us, and preserve us from all evil, and  
keep us in eternal life. Amen.

Let us bless the Lord. Thanks be to God.

### **A Prayer of Commitment**

We are not people of fear:

we are people of courage.

We are not people who protect our own safety:

we are people who protect our neighbours' safety.

We are not people of greed:

we are people of generosity.

We are your people God,

giving and loving,

wherever we are,

whatever it costs

For as long as it takes

wherever you call us.

**May this worship give you comfort and strength and remind you that we are all bound together as God's children in his Church wherever we may be.**